

DAREBIN BUG Mid Week Riders' Group

Ride Schedule July – October 2019

1. Leaders and tails should ensure that they have each other's phone numbers.
2. Rides will depart from Jika at 9.30 unless otherwise stated.
3. Leaders using trains should check times.

DATE	RIDE	LEADER
TUESDAY 2 JULY	Newport Lakes Travelling via the City Link and Footscray Road to Yarraville Gardens/ Yarraville Village for morning tea and then lunch at the lakes. Returning via Williamstown. (approx. 50km)	ED SMART 0417122497
THURSDAY 4 JULY	Westgate Park Ride along the Yarra Trail to the city for morning tea and then out to Westgate Park for lunch. (approx. 40km)	DAVID MAUNDERS 0407 540 392
TUESDAY 9 JULY	Wattle Park via different routes Some interesting variations and a few moderate hills thrown in in Hawthorn, Glen Iris & Camberwell but shorter to compensate. 45km approx.	JOPIE BODEGRAVEN 0423 151 767
THURSDAY 11 JULY	Blackburn Lake Hays Paddock, the Anniversary Trail and across to Blackburn Lake for lunch. Return via the Koonung Trail to the chocolate shop (approx. 53km)	IAN HAMILTON 0490 962 665
TUESDAY 16 JULY	Djerring Trail 2 Leave Jika Jika at 9.15 and ride to Richmond Station. Catch 9.52 Pakenham train to Yarraman Station. Ride along the Djerring Trail to Hughesdale Station having morning tea at one of the nooks on the trail. Turn on to the Anniversary trail at Hughesdale Station. Cross Dandenong Rd at pedestrian crossing and go down Bruce Street (or through Urban Forest). Continue on Anniversary trail and go through Malvern Station carpark and then over rail bridge. Turn onto Gardner Creek (GC) trail and continue along trail having lunch at the rotunda on the trail. Turn right onto Yarra trail at the end of the GC trail. Ride up Yarra trail to Abbotsford Convent for afternoon tea. Continue on Yarra Trail going through Fairfield Park and then onto Westgarth Street and home. Approx. 43 kms.	GLENYS SLEEMAN 0402 915 991
THURSDAY 8 JULY	Brighton Beach Along the Capital City Trail via City Link to Docklands. Then down the Sandridge Rail Trail to Beacon Cove and Bay Trail to Brighton (approx. 55km)	BRUCE JAGER 94702214
TUESDAY 23 JULY	Cherry Lake Travelling by Capital City trail and City Link to Footscray Road to Yarraville Village for morning tea. Continue onto Williamstown around Jawbone Conservation Park and Altona Coastal Park. Cross over Millers Road onto the path that circles Cherry Lake. Ride around the north side of the lake and circle around to the south east corner for lunch. After lunch ride back through Altona Coastal Park and head north on the bike path	NOLA MOULDEN 0411 279 175

	alongside Maddox Street. Ride around to Newport station underpass, and north back under the Westgate Bridge and head for the coffee shop overlooking the Maribyrnong River. Continue up the Maribyrnong River and over the old stock bridge near Flemington Race track, then through Kensington and back up the Capital City Trail to Jika Jika. (approx. 58km)	
THURSDAY 25 JULY	Fawkner Cemetery. Upfield Trail to Fawkner Cemetery. Morning tea alongside the kiosk. Then ride north through the cemetery and along Box Forest Road and Hilton Street, turning right into Morley Street which joins the Ring Road Trail. Continue east to Jack Roper Reserve for lunch. Ride over the Ring Road footbridge and follow the bike trail west until it meets the Moonee Ponds Creek Trail. Follow this south and turn off at Pascoe Vale. Head over to Kent Road, then on to Merlynston Station, cross over and ride north to Queens Parade and down to the Merri Creek Trail. Head south through Coburg. Afternoon tea at Ceres or coffee shop at North Fitzroy before heading back to Jika Jika. (approx. 44km)	GEORGE BAILEY 0425 759 142
TUESDAY 30 JULY	Elwood Canal Elwood Canal. Ride into the city via the City Link and along the beach to the Elwood Canal with lunch at St. Kilda Botanical Gardens. Tea at Beddgood, 137 Wellington Pde (approx. 50km)	RALPH MOULDEN 0417357190
THURSDAY 1 AUGUST	Newport Lakes City Link and Footscray Road to Yarraville Gardens/Yarraville Village for morning tea and then lunch at the lakes. Returning via Williamstown. (approx. 50km)	ANDREW DUNSTALL 0438 566 125
TUESDAY 6 AUGUST	Gardiner's Creek Trail. Ride around the Ivanhoe Boulevard and down to the footbridge next to Burke Road bridge. Cross over Yarra River, through the tunnel under the Eastern Freeway and head right on to Hays Paddock and Stradbroke Park. Wind through trails and minor roads in Balwyn and Deepdene to connect to Anniversary Outer Circle Trail at Whitehorse Rd and onto morning tea at Frog's Hollow. Continue on Anniversary Outer Circle Trail through Camberwell, Glen Iris and Ashburton then merge into Gardiners Creek Trail at Malvern East and onto lunch at the Rotunda opposite the T.H. King Oval in Glen Iris. Continue on the Gardiners Creek Trail to the Yarra Trail and head to the Abbotsford Convent for afternoon tea and return via Dights Falls to Jika Jika. (approx. 42km)	IAN SINGLETON 0422 299 973
THURSDAY 8 AUGUST	Eastlink Catch the 8.56am Westgarth train for Jolimont, then from Richmond to Heatherdale. Morning tea at Schwerkolt Cottage then ride down the East Link and the Dandenong Creek Trail to Yarraman or Carrum via Jells Park. (approx. 40km)	IAN HAMILTON 0490962665

<p>TUESDAY 13 AUGUST</p>	<p>Capital City Trail: Como and Burnley Gardens A 30 km circle around Melbourne. From Jika follow the Capital City trail past Royal Park and then to Docklands for morning tea. From Docklands ride through Southbank and around the Tan then follow the Main Yarra Trail alongside Alexandra avenue with a setour through Como and stop for lunch at Kevin Bartlett Reserve. Stop off for a brief walk around Burnley Gardens then to Abbotsford Convent or the Children's' Farm for afternoon tea. Ride to Dights Falls, cross the Merri Creek and join the Merri Creek Trail at the Roseneath St Bridge and continue on the Merri Creek Trail to to Jika.</p>	<p>ED SMART 0417122 497</p>
<p>THURSDAY 15 AUGUST</p>	<p>Edwards Park Lake Follow the Shimmy Path to the Lake for morning tea.. Ride around the lake and continue on to Bundoora Park for lunch. Return via La Trobe Uni and on to the Darebin Trail. Afternoon tea to be decided.</p>	<p>PAM STILES 0408 523 686</p>
<p>TUESDAY 20 AUGUST</p>	<p>Koonung Trail Riding up the south side of the Eastern Freeway and come back on the north side. Finish at chocolate shop. (approx. 45km)</p>	<p>NOLA MOULDEN 0411 279 175</p>
<p>THURSDAY 22 AUGUST</p>	<p>Gasworks Park City Link to Docklands for morning tea, then down to Beacon Cove, along to St Kilda and back to Gasworks Park for lunch. (approx. 40km)</p>	<p>BRUCE JAGER 94702214</p>
<p>TUESDAY 27 AUGUST</p>	<p>Jika to Mernda Morning tea at Bundoora Park, continue to the freeway and then along the Darebin Creek north trail to the rail line and South Morang station. Then to continue to Hawkestone Park for lunch and on to Mernda for afternoon tea at the bakery returning by train.</p>	<p>DAVID MAUNDERS 0407540392</p>
<p>THURSDAY 29 AUGUST</p>	<p>Mullum Mullum. Ride along the Koonung Creek Trail, morning tea at Tunstall Square. Continue up to Old Warrandyte Road to the Mullum Mullum Trail and lunch at the lake. Finish up on the Yarra Trail for afternoon tea at Ivanhoe Golf Club or elsewhere. (approx. 50km)</p>	<p>ANDREW DUNSTALL 0438 566 125</p>
<p>TUESDAY 3 SEPTEMBER</p>	<p>Malcolm and Aitken Creeks plus Mt Ridley Ride to Newmarket to catch the train to Craigieburn. Much of this ride is new. Lovely red gums, lots of new and old lakes, great view from the top of Mt Ridley. Train back from Coolaroo to Newmarket. 53km approx</p>	<p>JOPIE BODEGRAVEN 0423 151 767</p>

THURSDAY 5 SEPTEMBER	Federation Trail. Catch the 8.55am train from Westgarth to Flinders Street to catch the 9.24am Werribee train, Southern Cross 9.27am, North Melbourne 9.29am. Arrive Werribee Station at 10am. Ride south from station on Werribee River trail down to where the Federation Trail starts alongside the Princes Highway. Follow Federation Trail north until it finishes at Millers Road. Select quiet streets to get to the Yarraville Village coffee shop for lunch. Then ride back through Footscray, Kensington, Royal Park. Select location for afternoon tea before heading back to Jika Jika. It is very open and a wind direction sensitive trail. (approx. 45 km)	JAMES BRAITHWAITE 0429 477 416
TUESDAY 10 SEPTEMBER	Eltham Morning Tea at Possum Hollow, through Westerfolds Park to Eltham and on to Edendale Farm for lunch. Return along same trail or by train. 55 km return.	RALPH MOULDEN 0417357190
THURSDAY 12 SEPTEMBER	Williamstown A nice easy flat ride via City Link and Yarraville. (approx. 48km)	GEORGE BAILEY 0425 759 142
TUESDAY 17 SEPTEMBER	Jack Roper Reserve Up the Darebin Trail via Bundoora Park to the Ring Road then across to the lake at Jack Roper Reserve for lunch. After lunch continuing west through Jacana onto the Moonee Ponds Trail with afternoon tea at Merlynston or Ceres. (approx. 60km)	PAUL SIERAK 0409 381 342
THURSDAY 19 SEPTEMBER	Hedgeley Dene Gardens Ride around the Ivanhoe Boulevard and down to the footbridge next to Burke Road bridge. Cross over Yarra River and head left and on to Hays Paddock. Take the southern trail down around Stradbroke Park and connect to Outer Circle Trail. Stop for morning tea at Frog Hollow. Continue on through Camberwell, Glen Iris then merge into Gardiners Creek Trail at Malvern East. Cross over Malvern Road to Hedgeley Dene Gardens. Then ride back onto the trail for 500 metres and stop at Eric Raven Reserve for lunch. Continue on the trail to the Yarra Trail and head up to the Abbotsford Convent for afternoon tea and return to Jika Jika. (approx. 40km)	BRUCE JAGER 94702214
TUESDAY 24 SEPTEMBER	Cranbourne Botanic Gardens Catch the 9.52am Westgarth train for Jolimont, then from Richmond to Cranbourne 10.21 From Cranbourne station ride through bushland section of gardens and on to the Australian garden for lunch. Return by train. Approx 25 km plus walking.	IAN SINGLETON 0422 299 973
THURSDAY 26 SEPTEMBER	Ruffey Lake Ride along the Yarra Trail to Possum Hollow for morning tea then over to Ruffey Creek for lunch and return via Koonung Trail via the chocolate shop. (approx. 40km)	IAN HAMILTON 0490962665
TUESDAY 1 OCTOBER	Darebin Seniors Festival Introductory Ride to Bundoora Park City of Darebin is interested to promoted cycling to seniors and as sustainable transport. Newcomers are welcomed and morning tea will be provided by City of Darebin. After morning tea, James will lead newcomers or inexperienced riders home while others may continue to Coburg Lake for lunch under the leadership of Paul Sierack 0409 381 342. 30 or 45 km.	JAMES BRAITHWAITE 0429 477 416

THURSDAY 3 OCTOBER	Seniors Festival Ride to Preston Market. Travel along St Georges Rd Path, stopping at WeCycle (a bike renovation workshop run by volunteers who donate the restored bikes to those in need e.g. refugees) and also to enjoy a complementary morning tea. Continue on to Preston Market. Depending on the group's wishes some time may be allowed to explore the market eg 20 mins. Return via St Georges Rd Path or if preferred catch train at Preston Station. Approx 15k.	PAM STILES 0408 523 686
TUESDAY 8 OCTOBER	Point Cook Seniors week free public transport. Catch 8.55 from Westgarth to Fimders St for 9.24 to Werribee. Cycle via Werribee River (m/tea) and South Werribee to Williams Airforce Base (RAAF Museum) for historic flight display and lunch.. Return via 100 Steps and Altona Beach. Escape at Altona Beach station. 60km	PAUL SIERAK 0409 381 342
THURSDAY 10 OCTOBER	Sugarloaf Reservoir Seniors week free transport. 9.43 train from Westgarth to Hurstbridge 10.36 to meet leader. Ride to Pantom Hill for morning tea (hill). Continue via Alma Rd to Watson's Creek and on to Sugarloaf Reservoir (hill). Lunch at Saddle picnic area. Return via Watson's Creek, Dawson Rd and Watery Gulley Rd to Hurstbridge, afternoon tea at David's. 35 km	DAVID MAUNDERS 0407 540 392
TUESDAY 15 OCTOBER	Djerring Trail 1 Ride along Westgarth Street to Alphington Station and then take Darebin trail through parklands to join the Anniversary Trail. Morning tea at Frogs Hollow. Continue on Anniversary Trail to Hughesdale Station. Turn right onto the new Djerring trail and ride to the end of the trail at Caulfield. Continue on Rosstown trail having lunch in Elsternwick Park. Ride to Elwood Canal path and continue to St Kilda turning into Albert Park and then back through the city via Moray Street and Southbank. Cross over Yarra on yellow bridge and travel down northside of river through Birrarung Marr to MCG. Afternoon tea in either Fitzroy Gardens or Clifton Hill depending on riders. Approx. 57 kms.	GLENYS SLEEMAN 0402 915 991
TUESDAY 15 OCTOBER	Ride Planning Meeting.	DAVID'S 7.30
THURSDAY 17 OCTOBER	Two Creeks and a River Morning Tea at Coburg Lake, Lunch Maribyrrong River Afternoon tea Dr Daks café Parkville return to Jika. Approx 45 km.	GEORGE BAILEY 0425 759 142
TUESDAY 22 OCTOBER	Warburton Trail Bikes on cars through Lilydale to Warburton Highway. Meet at the carpark on the trail at North Wandin. Anyone taking the train to Lilydale should contact the ride leader. Ride on trail to Seville for morning tea, on to Warburton for lunch and afternoon tea at the Carriage Café. 56 km from Wandin.	PAUL SIERAK 0409 381 342

THURSDAY 24 OCTOBER	Maribyrnong Trail A nice flattish ride. Travel via Docklands then out along the Maribyrnong for lunch, returning back via Kensington. (approx. 40km)	ANDREW UNSTALL 0438 566 125
TUESDAY 29 OCTOBER	Altona and the 100 steps. Proceed down the Capital City trail, then across Footscray Road to Yarraville Village for morning tea. Ride to Williamstown and around the Altona foreshore, then over the Laverton Creek to the “100 Steps” for lunch. Return through Altona’s main street (Pier Street), and around the lower path of Cherry Lake. Proceed over Miller Street, through Altona Coastal Park to Maddox Road. Then go around to Newport Station, then north on the regular trail to Footscray. Afternoon tea either at Footscray Art Centre coffee shop on the Maribyrnong or at Belair Street café Kensington. Return to Jika Jika by Capital City trail. (approx.66km)	GLENYS SLEEMAN 0402 915 991
THURSDAY 31 OCTOBER	Half Moon Bay Ride into the city for morning tea and continue via Sandridge Rail Trail and Bay Trail to Half Moon Bay. Optional lunch will be fish’n’ chips on the beach. Return via Bay Trail. (approx. 60km)	ED SMART 0417122 497

This ride program was prepared by Nola, Glenys, Ralph, Paul, James and David.

SUMMARY

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THURSDAY 18 JULY	Brighton Beach	BRUCE JAGER 94702214
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