

## **DAREBIN BUG – Mid-Week Riders’ Group - Ride Schedule Oct to Dec 2021**

1. All rides start at 9.30 am unless otherwise stated.
2. The course of the ride is completely up to the leader.
3. Rides may change or be cancelled at any time due to COVID rules.
4. Assemble on the south side of South Crescent at corner of Plant St. 70 m south of Jika

### **Role of Ride Leader**

1. The ride leader sets the route and ride speed.
2. Carry a DBUG members list, which includes rider’s emergency contacts.
3. Carry Rider Registration Form for non members to complete.
4. Appoint the Tail Ender, and confirm that you have each other’s phone number.
5. Set a reasonable riding pace taking into account the capabilities of the riders.
6. Stop to regroup as required, at regular intervals such as the top of hills, after crossing at traffic lights or when there is a change of direction.
7. Ensure that riders pull off the path or road when regrouping.
8. Allow sufficient time for slower riders to catch up - and then catch their breath!
9. After the ride, write up a short Ride report – or delegate this task to another rider if you can!
10. In the event of any incident or mechanical problem, stop the ride and liaise with those involved to decide whether to continue or wait.
11. Ensure that any injured or unwell rider is able to obtain medical assistance if required, or return home safely. Advise rider contact person if necessary.
12. Complete any incident forms and report to the BUG Committee of Management if there are any accidents or incidents that could potentially result in liability
13. Ride leaders are not responsible in any way for actions, behaviours or any incidents involving Darebin BUG members or non members during a ride. All members and non members participating in a ride do so entirely at their own risk

### **Role of the Tail Ender**

1. The role of the Tail Ender is to keep the group together
2. The Tail stays at the back of the ride to ensure that no-one gets lost or separated.
3. When regrouping, remind riders to pull off the path or road.
4. Monitor any slower riders and advise the Leader if additional regrouping and catch up time is required.
5. In the event of any incident or mechanical problem, the Tail will inform the Leader to advise of any likely delay and/or assistance required.
6. Enlist other riders to provide practical assistance if required.

DATE	RIDE	LEADER
<b>TUESDAY</b> 5 Oct 2021	<b>Sunshine</b> Sunshine & Kororoit Creek & Newport Lakes. Includes a you beaut new concrete path section downstream of Princes Hwy (56km approx.).	<b>JOPIE BODEGRAVEN</b>
<b>THURSDAY</b> 7 Oct 2021	<b>Mullum Mullum loop</b> without train. Northwest on Darebin Creek Trail and Main Yarra Trail with morning tea at Westerfolds Park, then south on Mullum Mullum Creek Trail with lunch stop. Shortcut at southern end of Mullum Trail via Park Rd Donvale to avoid Eastlink hill, and home via Koonung Creek trail. (approx. 45 km).	<b>WOLTER KUIPER</b>
<b>TUESDAY</b> 12 Oct 2021	<b>Ruffey Lake</b> Ride along the Yarra Trail to Possum Park for morning tea then over to Ruffey Creek for lunch and return via Koonung Trail. (approx. 40km)	<b>IAN HAMILTON</b>
<b>THURSDAY</b> 14 Oct 2021	<b>Jack Roper Reserve</b> Up the Darebin Trail via Bundoora Park to the Ring Road then across to the lake at Jack Roper Reserve for lunch. After lunch continuing west through Jacana onto the Moonee Ponds Trail.(approx. 60km)	<b>GEORGE BAILEY</b>
<b>TUESDAY</b> 19 Oct 2021	<b>O'Keefe Trail</b> Bikes on cars to meet in Heathcote at the Herriot Street car park adjacent to the trail shelter. Please arrive for a 10 am start. The drive is about 1 hour 30 minutes, about 110 km. More detailed information will be provided closer to the ride. Ride is to Axedale for lunch and return to Heathcote. The surface is mainly gravel but is very firm even in rain. (approx 55 km.) Please contact Ian if you intend to ride.	<b>IAN SINGLETON</b>
<b>THURSDAY</b> 21 Oct 2021	<b>Maribyrnong River</b> A nice flattish ride. Travel via Docklands then out along the Maribyrnong for lunch, returning via Kensington. (approx. 40km)	<b>ANDREW DUNSTALL</b>
<b>TUESDAY</b> 26 Oct 2021	<b>Bundoora and Springthorpe</b> Ride north up St George's Road and Northern Pipe track to Reservoir station for morning tea. Continue up Cheddar Rd to Dole Avenue, turn right and follow leader down quiet streets to Darebin Trail. Passing Norris Bank, ride up to Ring Rd track and turn left towards Murchison Way where we head to McKimmies Road. Turning east we then ride to Plenty Rd and follow leader to Telfer Reserve Bundoora for lunch. A pleasant ride back through Gresswell Forest, Springthorpe and Latrobe University to the Darebin creek trail. (approx 40km)	<b>RALPH MOULDEN</b>
<b>THURSDAY</b> 28 Oct 2021	<b>Wattle Park</b> Travelling via Hays Paddock, the Anniversary Trail to the Gardiners Creek and across to Wattle Park. Back by the Koonung Trail. (approx. 53km)	<b>IAN HAMILTON</b>
<b>TUESDAY</b> 2 Nov 2021	<b>Newport Lakes – Cup Day</b> Travelling via the City Link and Footscray Road to Yarraville Gardens/Yarraville Village for morning tea	<b>COLIN FINGER</b>

DATE	RIDE	LEADER
	and then lunch at the lakes. Returning via Williamstown. (approx. 50km)	
<b>THURSDAY</b> 4 Nov 2021	<b>Jika to Hurstbridge</b> Ride to Possum Park for morning tea. Continue on Yarra Trail through Westerfolds Park to Eltham and on to Edendale Farm for lunch. Continue on Diamond Creek Trail and then on Hurstbridge Trail as far as Wattle Glen. The remainder of the trail is still under construction so we have to continue on the main road, but there is a marked bike path. Arrive at Hurstbridge. (approx 45 km). Return on 14.40 or 15.17 train.	<b>DAVID MAUNDERS</b>
<b>TUESDAY</b> 9 Nov 2021	<b>Bundoora Park</b> Ride up the Merri Creek trail to Coburg Lake for morning tea. Continue ride on the Merri Creek to Broadhurst Avenue and then head east to Crookston Road. Continue east onto the Darebin Creek trail into Bundoora Park for lunch. After lunch, head over Plenty Road to Main Road, down Cherry Street and over railway line at Macleod. Ride up Erskine, Ferguson, Finlayson and Silk Streets. At Lower Plenty Road, go over footbridge and left to the footpath onto the River Gum trail that leads down to the Yarra Trail. Continue on the Yarra Trail to and then back to Jika Jika. (approx. 40km)	<b>PAUL SIERAK</b>
<b>THURSDAY</b> 11 Nov 2021	<b>Upfield Trail</b>  Ride through backstreets to the Upfield Trail. Merlynston reserve for morning tea. Merri Creek trail to Ring road/Darebin Creek trail. Lunch at Norris Bank Parklands (approx. 50km)	<b>SUE HISCOCK</b>

<p><b>TUESDAY</b> 16 Nov 2021</p>	<p><b>Altona and the 100 Steps</b> Proceed down the Capital City trail, then across Footscray Road to Yarraville Village for morning tea. Ride to Williamstown and around the Altona foreshore, then over the Laverton Creek to the "100 Steps" for lunch. Return through Altona's main street (Pier Street), and around the lower path of Cherry Lake. Proceed over Miller Street, through Altona Coastal Park to Maddox Road. Then to Newport Station, and north on the regular trail to Footscray. Return to Jika Jika by Capital City trail. (approx.66km].</p>	<p><b>GLENYS SLEEMAN</b></p>
<p><b>THURSDAY</b> 18 Nov 2021</p>	<p><b>Mernda</b> The ride is to take morning tea at Bundoora Park, continue to the freeway and then along the Darebin Creek north trail to the rail line and South Morang station. Then to continue to Hawkestone Park for lunch and on to Mernda before returning by train. About 40 km.</p>	<p><b>DAVID MAUNDERS</b></p>
<p><b>TUESDAY</b> 23 Nov 2021</p>	<p><b>Ringwood/ Croydon Ride</b> Ride out on the South side of the Koonung trail to Ringwood. Lunch at Ringwood lake. Continue on Mullum Mullum trail to Maroondah Highway. Ride down Kent Ave, to Croydon and then onto the Tarralla Creek trail and left on the Dandenong Creek trail until reaching the Eastlink trail. Head North on the Eastlink trail back to Ringwood Station. Train back to Richmond. Ride back to Northcote. Approx. 60km</p>	<p><b>PAUL SIERAK</b></p>
<p><b>THURSDAY</b> 25 Nov 2021</p>	<p><b>Gisborne Mystery Ride</b> Bikes on cars. Arrive at Roger's home at 13 Turanga Rd Gisborne in time to start riding at 10:00 am. Ride along quiet roads and return to Rogers. Approx 35 – 40 km. Please send a text to Roger to let him know that you are coming.</p>	<p><b>ROGER PETERSON</b></p>
<p><b>TUESDAY</b> 30 Nov 2021</p>	<p><b>Hedgeley Dene Gardens Ride</b> around the Ivanhoe Boulevard and down to the footbridge next to Burke Road Bridge. Cross over Yarra River and head left and on to Hays Paddock. Take the southern trail down around Stradbroke Park and connect to Outer Circle Trail. Stop for morning tea at Frog Hollow. Continue on through Camberwell, Glen Iris then merge into Gardiners Creek Trail at Malvern East. Cross over Malvern Road to Hedgeley Dene Gardens. Then ride back onto the trail for 500 metres and stop at Eric Raven Reserve for lunch. Continue on the trail to the Yarra Trail and head up to the Abbotsford Convent and return to Jika Jika. (approx. 40km)</p>	<p><b>COLIN FINGER</b></p>
<p><b>THURSDAY</b> 2 Dec 2021</p>	<p><b>Two Botanical Gardens</b> Ride along the Yarra Trail to the Melbourne Botanic Gardens for morning tea and then to Southbank, Sandridge Rail Trail to Beacon Cove, Bay Trail to St Kilda Botanic Gardens for lunch. (approx 50km)</p>	<p><b>ANDREW DUNSTALL</b></p>

<p><b>TUESDAY</b> 7 Dec 2021</p>	<p><b>Frankston</b> Catch the 8.56am train at Westgarth for Jolimont/Richmond/Frankston. If strong northerly wind is forecast, a decision will be made a day or so before to reverse the ride and catch the train back from Frankston instead, making this a mostly and almost guarantee tail wind ride. Note- this is a relatively flat ride with escape routes by catching the train along the way. (approx. 65km) <b>If direction is changed, it will be advised by email as soon as decided</b></p>	<p><b>IAN SINGLETON</b></p>
<p><b>WEDNESDAY</b> 8 Dec 2021</p>	<p><b>Ride Planning Meeting - 7:30 pm</b> At Pam and Paul's.</p>	
<p><b>THURSDAY</b> 9 Dec 2021</p>	<p><b>Eastlink Trail 1</b> <b>Meet at 9am</b> to ride to Richmond Railway Station. Train to Mitcham, ride Ringwood/Box Hill path, morning tea at Antonio Park. Ride Eastlink trail south to Jells Park for lunch. Continue to Yarraman Railway station. Either catch train back to Richmond or ride some way east along Djerring trail then train. (approx. 55km) <b>If direction is changed due to strong southerly winds, it will be advised as soon as decided.</b> <b>Note: School holidays</b></p>	<p><b>SUE HISCOCK</b></p>
<p><b>TUESDAY</b> 14 Dec 2021</p>	<p><b>Xmas ride</b> from Jika ending in lunch in the Edinburgh Gardens Fitzroy since hotels are not likely to be an option at this time.</p>	<p><b>JOPIE BODEGRAVEN</b></p>

Ride program prepared by Ralph, Paul, Sue and James