

DAREBIN BUG – Mid-Week Riders’ Group - Ride Schedule April to June 2022

1. All rides start at 9.30 am unless otherwise stated.
2. The course of the ride is completely up to the leader.
3. Rides may change or be cancelled at any time due to COVID rules.
4. Assemble on the **south side of South Crescent at corner of Plant St.** (70 m south of Jika Jika Community Centre)


Role of Ride Leader


1. The ride leader sets the route and ride speed. (The ride speed to suit all the group).
2. Set a reasonable riding pace taking into account the capabilities of the riders.
3. Stop to regroup as required, at regular intervals such as the top of hills, after crossing at traffic lights or when there is a change of direction.
4. Ensure that riders pull off the path or road when regrouping.
5. Allow sufficient time for slower riders to catch up - and then catch their breath!
6. Carry a DBUG members list, which includes rider’s emergency contacts.
7. Carry Rider Registration Form for non members to complete.
8. Appoint the Tail Ender, and confirm that you have each other’s phone number.
9. After the ride, write up a short Ride report – or delegate this task to another rider if you can!
10. In the event of any incident or mechanical problem, stop the ride and liaise with those involved to decide whether to continue or wait.
11. Ensure that any injured or unwell rider is able to obtain medical assistance if required, or return home safely. Advise rider contact person if necessary.
12. Complete any incident forms and report to the BUG Committee of Management if there are any accidents or incidents that could potentially result in liability
13. Ride leaders are not responsible in any way for actions, behaviours or any incidents involving Darebin BUG members or non members during a ride. All members and non members participating in a ride do so entirely at their own risk

Role of the Tail Ender

1. The role of the Tail Ender is to keep the group together
2. The Tail stays at the back of the ride to ensure that no-one gets lost or separated.
3. When regrouping, remind riders to pull off the path or road.
4. Monitor any slower riders and advise the Leader if additional regrouping and catch up time is required.
5. In the event of any incident or mechanical problem, the Tail will inform the Leader to advise of any likely delay and/or assistance required.
6. Enlist other riders to provide practical assistance if required.

DATE	RIDE	LEADER
TUESDAY 5 April 2022	Blackburn Lake From Darebin Parklands take the Darebin Creek trail south towards Kew. At Wilsmere Park cross under the freeway to Hyde Park and the Outer Circle Rail Trail (Anniversary Trail). Continue south on the Anniversary Trail to Frog Hollow Reserve (MT). Continue past Alamein and turn left onto the Gardiners Creek (GC) trail. Follow the GC trail to Canterbury Rd, ride north on Middleborough Rd/ Blackburn Rd/ Alandale Rd to Blackburn lake (L). Return via Oliver Ave/Blackburn rail path/ride thru back streets to get to Koonung Trail/Main Yarra trail. 55km approx..	Ian Singleton

DATE	RIDE	LEADER
THURSDAY 7 April 2022	Cranbourne Gardens (Royal Botanic Gardens Cranbourne) Catch the 8.55am train from Westgarth to Jolimont then ride to Richmond station for the train to Cranbourne. It is a short ride to the Stringybark picnic ground (within the Gardens) (MT) and an optional short 1km (20 min.) walk. Next, ride through the bushland section of gardens to the Woodland picnic area (L). It is then a short ride to the Visitors Centre. Around 2 hours is allowed for exploring the gardens. There are 3 designated walks of 1 to 1.5 hours in the 15 hectare Australian garden. Return journey is a combination of park paths and quiet streets to Lynbrook station for the train to Richmond. Approx. 25km of riding and as much walking as you want to do exploring the gardens.	James Braithwaite
TUESDAY 12 April 2022	Elwood Canal and Caulfield Via Exhibition St, Tennis Centre and the Shrine to Albert Park Lake (MT). Then Elwood Canal and through the urban wilds of Gardenvale to Caulfield Racecourse (L). Next Caulfield Park, Malvern and Kooyong to in Richmond (AT) overlooking the Yarra and then home via a new bit of trail and past the brewery avoiding 2 bridges and the hill in Kew. 49km approx Note: School Holidays	Jopie Bodegraven
THURSDAY 14 April 2022	Autumn in Macedon - Scenic – meaning hilly. Drive & park at 13 Turanga Rd, Gisborne (cnr Fisher St.) Watered & de-watered & ready to ride at 09:30 sharp. Or by train Metro ETD Westgarth 08:29 ETA 0849 Southern Cross(SXS) onto platform 9 Find & Go platform for Bendigo V-Line Velocity (check displays or Customer Service persons) ETD 09:05 SXS ETA Gisborne 09:54 Please text Roger at least the evening before (Wed. 13th) if you intend to ride. 35 km approx Note: day before Good Friday & School Holidays	Roger Peterson
TUESDAY 19 April 2022	Mernda – Train/Ride Ride to Rushall station to take the train to Mernda. Ride south along the Mernda Rail Trail, turn off to Hawkestowe Reserve (MT). Continue on the South Morang Rail Trail turning onto the Darebin Creek trail south to Norris Bank Park (L), return to Westgarth on the Darebin Creek trail. 40 km approx. Note: School Holidays	Paul Sierak
THURSDAY 21 April 2022	Newport Lakes via Footscray & Tottenham Ride to Kensington then onto Footscray (MT). Along the Sunshine Footscray trail to Tottenham. Ride through backstreets to Newport Lakes (L). Ride through to Williamstown and around the Bay Trail to Newport/Yarraville and back to Westgarth. 55km approx Note: School Holidays 	Sue Hiscock
TUESDAY 26 April 2022	Gasworks via the Royal Botanic Gardens/ Albert Park Ride to Edinburgh Gardens and to Napier St, then through East Melbourne and past the MCG to Royal Botanic Gardens (MT), Continue on the Tan to Linlithgow Ave/Southbank Boulevard to Southbank Prom. Turn left at Queensbridge st, hook turn at	Colin Finger

DATE	RIDE	LEADER
	Whiteman st to Sandridge Rail Trail/Beacon Cove. Ride south on Bay trail to St.Kilda. Cross through to Albert park and ride around the lake. At Albert Rd, take path to Kerford Rd, turn at Richardson st and Gasworks Park (L). Ride back streets to get back to the Sandridge trail to take the Capital City trail via Docklands to Westgarth. 40km approx. 	
THURSDAY 28 April 2022	Capital City trail – Como and Burnley Take the Capital City trail via City Link to Docklands (MT). Ride through Southbank and around the Botanic Gardens then follow the Main Yarra Trail alongside Alexandra Ave and stop near Como (L). Continue on the trail and stop off for a walk around Burnley Gardens. Continue on the Capital City trail/Merri Creek trail to return to Westgarth. 30 km approx	Ed Smart
TUESDAY 3 May 2022	Hurstbridge – Train/Ride Catch the train from Westgarth to Hurstbridge. Ride via Wattle Glen to Diamond Creek (MT). Continue to Eltham and then onto the Main Yarra Trail to Westerfolds Park (L). Return to Westgarth via the Main Yarra Trail. 45 km approx.	Ian Singleton
THURSDAY 5 May 2022	Westmeadows Ride to the Moonee Ponds Creek trail to Boeing Reserve (MT) continue onto Westmeadows (L). Return via Pascoe Vale to the Merri Creek trail. 50 km approx.	Andrew Dunstall
TUESDAY 10 May 2022	Brimbank Park via the river To Pipemakers Park (MT), then via High Point and the Maribyrnong to Brimbank (L). Return via Valley Lake and Steele Creek and by the lake in Queens Park (AT), then Moonee Ponds Creek and home. 53km approx.	Jopie Bodegraven
THURSDAY 12 May 2022	Jells Park Catch the train from Westgarth for Jolimont/Richmond/Ringwood. Go east from Ringwood station, (MT) south on the bike path to Dandenong Ck then west and south to Jells Park (L). Follow Blind Creek path to Boronia station. Take the train back to Richmond. 45km approx.	James Braithwaite
TUESDAY 17 May 2022	Cherry Lake, Altona Take the Capital City trail via the City Link to Docklands, then the Footscray Rd path to Yarraville Gardens (MT). Head south on Hyde st towards Newport and Williamstown and onto the Bay Trail West to Cherry Lake (L). Ride back through Altona Coastal Park and head north alongside Maddox Street. Take the Newport station underpass to travel back to the Bay Trail West. Return via Yarraville and Footscray Rd or Kensington. 58 km approx.	Glenys Sleeman
THURSDAY 19 May 2022	Mernda -Ride/Train Take the Darebin Creek trail to Norris Bank Parklands (MT). Continue on the Darebin Creek Trail to the South Morang Rail Trail and South Morang station. Then ride to Hawkestone Park (L) and continue to Mernda on the Mernda Rail Trail. Return by train from Mernda (or ride back to Epping). 40 km approx.	David Maunder
TUESDAY 24 May 2022	Great Vic Rail Trail – Cheviot Tunnel to Yarck - single day trip or overnight stay at Yea for two rides	Ralph Moulden

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	<p>Drive to the Cheviot Tunnel Carpark just off Cheviot Rd (approx. 9KM out of Yea) to arrive for a 9.30 am ride start. (Bring bike lights for the tunnel).</p> <p>Ride through the Cheviot Tunnel and onto Molesworth (MT). Continue to Yarck (L). Return to Cheviot Tunnel. Drive to Yea for afternoon tea. Return home or stay for next morning's ride. 38 km approx. (From Yea to Yarck return 56 km)</p> <p>Further details will be advised closer to the ride. Contact the leader if you intend to ride.</p>	
WEDNESDAY 25 May 2022	<p>Great Vic Rail Trail – Tallarook to Trawool - for overnighters</p> <p>Drive from Yea to Tallarook for 9.30 am ride start. Ride from Tallarook to Trawool (MT). Return to Tallarook (L). Return home. 22 km approx.</p>	Ralph Moulden
TUESDAY 24 May 2022	Alternative Adhoc ride from Westgarth	Group to decide
THURSDAY 26 May 2022	<p>Tarralla Creek and Dandenong Creek trails – Train/Ride/Train</p> <p>Ride to Richmond station – train to Heatherdale, ride to Ringwood (MT). Continue to Croydon and ride along the Tarralla Creek trail south to meet the Dandenong Creek Trail and on to Jells Park (L). Continue on the Dandenong Creek trail past Yarraman station to the Lower Dandenong Creek trail. Wind along to Dandenong station and take the train back to Richmond. 60 km approx.</p>	Ian Hamilton
TUESDAY 31 May 2022	<p>Werribee River & Skeleton Creek</p> <p>Ride to North Melbourne to take the train to Werribee. Ride to Werribee mansion (MT), then back to join the Federation trail on Duncan's Rd. Continue on the trail and cross over the freeway at Williams Landing to join the Skeleton Creek trail until it joins the Bay Trail at Sanctuary lakes. 100 steps (Truganina Park) (L). Ride to Altona then alongside Maddox rd to Newport and rejoin the Bay trail near Spotswood. Ride to Westgarth or return by train. 65 km approx.</p>	Ed Smart
THURSDAY 2 June 2022	<p>Brighton Beach</p> <p>Take the Capital City Trail via the City Link to the Docklands. Then down the Sandridge Rail Trail to Beacon Cove and Bay Trail south to Brighton Beach Gardens (L). Return to Westgarth via Bay Trail/Albert Park/Moray St. 55 km approx.</p>	Andrew Dunstall
MONDAY 6 June 2022	Next Ride Group meeting 7.30pm (Ralph and Nola's place)	
TUESDAY 7 June 2022	<p>Ruffey Lake via the Koonung Trail (Reverse)</p> <p>Ride to the Koonung trail, to Koonung Creek Reserve playground (MT), cross freeway to north side to travel through Doncaster backstreets to Ruffey Lake Park (L). Ride through Ruffey lake park to the Ruffey Creek trail, follow the trail to Wombat Bend and cross the river to the Main Yarra Trail. Return to Westgarth on the Main Yarra Trail.</p> <p>Hilly 40km approx. (Ride can be lengthened by riding further east along the Koonung trail)</p>	Colin Finger
THURSDAY 9 June 2022	<p>Rosstown Trail (Reverse)</p> <p>The old Rosstown Rail Trail is approximately 11km between Elsternwick and Oakleigh stations. Ride down the Bay trail to Elwood (MT), Elsternwick, along the trail to Oakleigh (L). The ride</p>	Sue Hiscock

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	returns through the Urban Forest to the Anniversary Trail to Westgarth. 55 km approx.	
TUESDAY 14 June 2022	Wattle Park From Darebin Parklands take the Darebin Creek trail south towards Kew. At Wilsmere Park cross under the freeway to Hyde Park and the Outer Circle Rail Trail (Anniversary Trail). Continue south on the Anniversary Trail to Frog Hollow Reserve (MT). Continue past Alamein and turn left onto the Gardiners Creek trail. Continue on the Gardiners Creek trail until just past Burwood Highway. Turn at Cadorna St and cross Elgar Rd to enter Wattle Park. Ride through the park to the picnic area (L). Return back to the Gardeners Creek trail. Return to Westgarth via the Koonung trail. 55 km approx.	Paul Sierak
THURSDAY 16 June 2022	Hurstbridge – Ride/Train Ride along the Main Yarra Trail to Possum Park, Warringal Parklands (MT). Continue on Main Yarra trail/ Diamond Creek trail to Eltham (L) Continue on the trail to Wattle Glen and Hurstbridge. Return to Westgarth via train. 45km approx.	David Maunders
TUESDAY 21 June 2022	Half Moon Bay Take the Capital City Trail via the City Link to the Docklands. Then down the Sandridge Rail Trail to Beacon Cove (MT) and Bay Trail to Half Moon Bay (L). Optional lunch will be fish'n chips on the beach. Return via Bay Trail or take the train back. 60 km approx..	Nola Moulden
THURSDAY 23 June 2022	Altona and 100 steps Take the Capital City trail via the City Link to the Docklands, then the Footscray Rd path and continue to Yarraville Gardens (MT). Head south on Hyde st towards Newport and Williamstown and around to the Altona foreshore, to Laverton Creek to the "100 steps" (L). Return via Altona Coastal Park, onto Maddox Rd and Newport Power station. Head north towards Yarraville/Footscray. Return to Westgarth by Footscray Rd/Capital City trail or via Kensington. 66 km approx.	Ian Hamilton
TUESDAY 28 June 2022	St Georges to South Morang (no train required) Ride up St Georges Rd to Reservoir station and through to Darebin Creek trail – Norris Bank Park (MT). Ride through to South Morang station (L), and Plenty Rd. Return to Westgarth. 50 km approx. Note: School Holidays	Ralph Moulden
THURSDAY 30 June 2022	Ring of Steele North along the Moonee Ponds Trail before turning left onto the Ring Road Trail. After crossing under the Calder freeway turn left, crossing over the railway line and via back streets to the Steeles Creek Path. Down the Steele Creek Path past the old Niddrie Quarry site before joining the Maribyrnong Trail at the foot of the Afton Street hill. Back to Jika via Kensington or Footscray Road. Approx 50km Note: School Holidays	Wolter Kuiper

Ride program prepared by: Ralph, James and Sue