- 1. All rides start at the earlier time of 9.00 am unless otherwise stated. Alternate start times and/or meeting places are marked
- 2. Meet at the Jika Jika Community Centre, Northcote (corner of Plant and Union Sts) unless otherwise stated below
- 3. The ride leader sets the route and nominates a tail. (The leader needs to maintain a ride speed to suit all the group)
- 4. Hot weather riding
 - Up to 30c The programmed ride will go ahead.
 - Between **30c to 35c** The programmed ride may go ahead but may be altered
 - Over 35c -There will be no "official" ride but any riders still wishing to ride can turn up at the starting point to meet up with like-minded riders

DATE	RIDE NAME	DESCRIPTION & APPROX km	LEADER
Tuesday 2 Jan 2024	Hidden Melbourne	This is about the safest day to explore some of the sights of the Melbourne CBD on a bike. Let's aim for La Trobe's Cottage (MT), the Portable Iron Houses, Flinders Lane urinals, Manchester Unity building and whatever else works. Lunch at Fitzroy Gardens. Feel free to complete the day by booking afternoon tea at The Windsor Hotel for only \$80 (seniors)!!! Approx. 30km	Wolter
Thursday 4 Jan 2024	Ad hoc ride	Riders to decide on the ride and the leader	Group to decide
Tuesday 9 Jan 2024	Elwood Canal & Caulfield Racecourse	Ride the Capital City trail to Canning St and Exhibition St, the Tennis Centre and the Shrine to Albert Park Lake (MT). Then Elwood Canal, Elsternwick Park and Caulfield Racecourse (L). Return via Caulfield Park and the Main Yarra Trail and the Convent (AT). Approx. 46km. Moderate riding, mainly flat.	Jopie
Thursday 11 Jan 2024	Jack Roper Reserve	Take the Darebin Creek trail north to Norris Bank Park (MT). Continue on the Darebin Creek trail to the Western Ring Road path. Ride west on the Ring Road path. Cross Sydney Rd and after the small lake, take the turn north under the Ring Road to Jack Roper Reserve. (L) Return via the Merri Creek trail or the Upfield trail. Approx 60km. Moderate riding, mainly flat.	Andrew
Tuesday 16 Jan 2024	Blackburn Lake	Ride to the Anniversary Trail. Continue south to Frog Hollow Reserve (MT). Then to the Gardiners Creek trail. At Canterbury Rd, ride north on Middleborough Rd/ Blackburn Rd/ Alandale Rd to Blackburn lake (L). Return through back streets to the Koonung Trail/Main Yarra trail. Approx. 55km. Moderate riding, some small hills	lan S
Thursday 18 Jan 2024	Hedgeley Dene Gardens	Ride to the Anniversary Trail. Continue south to Frog Hollow Reserve (MT). Take the Gardiners Creek trail west. Cross over Malvern Rd to Hedgeley Dene Gardens (L) or ride back to Gardiners Creek trail to TH King Oval /Pavillion (L). Continue on the Gardiners Creek trail until the Capital City Trail to Jika Jika. Approx 40km. Mainly easy riding, some small hills.	Jon

DATE	RIDE NAME	DESCRIPTION & APPROX km	LEADER
Tuesday 23 Jan 2024	Koonung Creek trail	Koonung Creek trail. Riding up the south side and come back on the north side. Approx 45km. Moderate riding, some small hills	Ed
Thursday 25 Jan 2024	Mullum Mullum Creek trail with train	Ride to the Anniversary Trail. Turn off to Camberwell station – take the train to Heatherdale station, ride to Schwerkholts Cottage (MT) off Deep Creek rd/ Onto the Eastlink trail (west) and then turn right onto the Mullum Mullum trail to continue to the Main Yarra trail. Lunch along the way. Continue on Main Yarra trail to Jika Jika. Approx 55km. Moderate riding, some small hills.	Sue
Tuesday 30 Jan 2024	Wattle Park & Box Hill	Ride via the Anniversary Trail, Back Creek & Wattle Park to Deakin University. Then to Surrey Park in Box Hill (L). Return via Bushy and Koonung Creek trails back to Jika Jika. Chocolate shop (AT). Approx 50km. Moderate riding, some hills.	Jopie
Thursday 1 Feb 2024	Williamstown Beach via Moonee Ponds	Ride to Moonee Ponds and the Maribyrnong River (MT). Continue south on the river trail to meet the Bay West trail and on to Williamstown beach. Return via backstreets to Jika Jika. Approx. 50km. Mainly easy riding.	George
Tuesday 6 Feb 2024	Merri-bek Shimmies	The City of Merri-bek has numerous marked cycle routes in the backstreets (Shimmies) and a map available online to go with them, still under its old Moreland moniker. We ride some of them as part of our travels but here's a chance to go dizzy with 10 in one ride while checking on the upgrades. Bluestone laneways will be avoided for OHS reasons. Approx. 40km. Mainly easy riding.	Wolter
Thursday 8 Feb 2024	100 steps of Federation	Ride to Yarraville Gardens (MT). Head south on Hyde st towards Newport and Williamstown and around to the Altona foreshore, to Laverton Creek to the "100 steps" (L). Return via backstreets to Jika Jika. Approx. 66km. Easy riding, mainly flat.	Andrew
Tuesday 13 Feb 2024	Royal Botanic Gardens, Melb and St Kilda Bot. Gardens	Take the Capital City Trail via Dights Falls to the Royal Botanic Gardens, Alexandra Ave, Gate opposite Morrell Bridge (MT). Continue along the Main Yarra Trail to Southbank, take the Sandridge Trail. Take the Bay Trail south to the St Kilda Marina. Cross Marine Parade to Dickens st, to the St Kilda Botanical Gardens (L). Return to Westgarth via Bay Trail or Albert Park Lake/Moray street. Approx 50km. Easy riding mainly flat.	Nola
Thursday 15 Feb 2024	Hurstbridge	LATER START – 9.30AM FROM JIKA JIKA Ride along the Main Yarra Trail to Possum Park, Warringal Parklands (MT). Then on the Main Yarra / Diamond Creek trails to Eltham, lunch along the way. Continue on the trail to Wattle Glen and Hurstbridge. Return to Westgarth station via train. Approx 45km. Moderate riding, some hills.	David
Tuesday 20 Feb 2024	Capital City Trail -Como and Burnley Gardens	Ride to the Melbourne Botanic Gardens (MT along the way). Then follow the Main Yarra Trail alongside Alexandra Ave and walk around Como Gardens. Back on the trail to Kevin Bartlett Reserve (L) then walk around Burnley Gardens. Continue on the Capital City Trail/Merri Creek trail to return to Jika Jika. Approx. 40km. Mainly easy riding.	Ed

DATE	RIDE NAME	DESCRIPTION & APPROX km	LEADER
Thursday 22 Feb 2024	Sandringham to Seaford Wetlands	EARLY START - WESTGARTH STATION - 8.57AM Plat 1 Take the train from Westgarth station to Jolimont and ride to Richmond station for the train to Sandringham. Ride south along the Bay Trail to Mordialloc (MT along the way). Continue along inland on the Longbeach trail to Patterson River and onto Seaford wetlands (lunch along the way). Return to Mordialloc station to return by train to Richmond station. Approx. 45 km. Easy riding, mainly flat.	Sue
Monday 26 Feb 2024	Ride Planning meeting	Ride Planning group meeting at Nola and Ralph's 7.30pm	
Tuesday 27 Feb 2024	Cherry Lake	Ride to Yarraville Gardens (MT). Head south on Hyde st towards Williamstown and around to the Altona Coastal Park and west to Cherry Lake (L). Return via Maddox Rd to Newport and re-join the Bay trail near Spotswood. Ride to Westgarth or return by train Approx. 58km. Easy riding mainly flat.	lan S
Thursday 29 Feb 2024	Sunshine and Kororoit Creek	Ride to Footscray Park (MT) then along the Footscray to Sunshine path. At Sunshine station take the Kororoit Creek path south to the Federation Trail. Cross to Altona North via the (Altona Nth Brooklyn Overpass/Rosala Ave) footbridge over the West Gate Freeway and take the backstreets and the Lower Kororoit Creek Path to Newport Lakes (L). Return via Seddon. Approx. 55km. Easy riding, mainly flat.	James
Tuesday 5 Mar 2024	Ferny/Dandy/ Blind Creeks	EARLY START - WESTGARTH STATION - 8.57AM Plat 1 Take the train from Westgarth to Jolimont and ride to Richmond station for the 9.29am Belgrave train to Upper Ferntree Gully. Ferny Creek Trail (MT at Wally Tew Reserve) to Stud Rd and here's hoping the Stamford Park Trail is finished to get us to Dandenong Creek Trail and Jells Park for lunch. Blind Creek Trail to Heathmont-Belgrave Trail to get us back on the train. Approx. 40km. Moderate riding.	Wolter
Thursday 7 Mar 2024	Ruffey Creek trail	Ride along the Yarra Trail to Possum Park (MT), continue on the Main Yarra Trail to the Ruffey Trail Suspension bridge. Cross to the south side of the Yarra and turn left onto the Ruffey Creek Trail. Continue on the Ruffey Creek trail until Ruffey Lake Park (L). Return via the Koonung Trail. (via either Church Rd or Schramms Reserve/Whittens Lane). Approx. 40km. Moderate riding with some hills.	Jon
Tuesday 12 Mar 2024	Bundoora, Cresswell Forest and surrounds	Ride along the Darebin Creek path north to Latrobe University (MT). On to Cresswell Forest then Bundoora and the Western Ring Rd. From McKimmies Lane loop around Mill Park then to Norris Bank Park (L). Return via the Western Ring Rd, Dalton Rd and the Northern Pipeline path. Afternoon tea near Arthurton Rd. Approx. 40kms. Easy riding, mainly flat	Ralph
Thursday 14 Mar 2024	Aqueduct Trail	LATER START – 9.30AM FROM JIKA JIKA Ride along the Main Yarra Trail to Possum Park, Warringal Parklands (MT). Continue on the Main Yarra trail/ Diamond Creek trail to Eltham (L). From Research ride the Aqueduct trail to Diamond Creek. Return by train. (Alternatively ride back to Eltham to take the train). Approx 45km. Moderate riding, with some hills.	David

DATE	RIDE NAME	DESCRIPTION & APPROX km	LEADER
Tuesday 19 Mar 2024	Taylors Creek, Keilor & Brimbank Park	Ride to North Melbourne to take the train to Watergardens. Ride down Taylors Creek to Brimbank Park & Horseshoe Bend, lunch in Keilor. Then down Steele Creek & the Maribyrnong. Coffee probably at the Boathouse. Approx 50km. Moderate riding, with some hills.	Jopie
Thursday 21 Mar 2024	Maranoa Gardens, Balwyn	Ride via Exhibition st to the Royal Botanic Gardens (MT). Continue east on the Main Yarra trail to Gardiners Creek trail, Ferndale trail then north onto the Anniversary Trail. Turn off to Canterbury and Balwyn to ride to Maranoa Gardens (L). Return to Westgarth via Kew. Approx 45km. Moderate riding, some long hills.	lan H
Tuesday 26 Mar 2024	Gasworks Park	Ride to Edinburgh Gardens and onto Napier St, then through East Melbourne and past the MCG to Royal Botanic Gardens (MT), Continue on via Southbank to the Sandridge Rail Trail/Beacon Cove. Ride south on Bay trail to St. Kilda. Cross through to Albert park and ride around the lake. At Albert Rd, take path to Kerford Rd, turn at Richardson st and Gasworks Park (L). Ride back streets to get back to the Sandridge trail to take the Capital City trail via Docklands to Westgarth. Approx 40km. Easy riding, mainly flat.	James
Thursday 28 Mar 2024	Woodlands Historic Park	Ride to Newmarket station to catch the to train to Jacana. Turn onto the Moonee Ponds Creek MPC) trail towards West Meadows. Continue on the trail to Woodlands Historic Park for lunch. Return via the Moonee Ponds Creek trail to return to Westgarth. Approx. 55km Moderate riding, with some hills.	lan H